



We prepare our food in kitchens with products containing gluten and nuts. Allergy data detailed in the table below has been derived from specifications obtained from the suppliers of our products. Please inform staff of any food allergies prior to placing your order - even if you have eaten the dish previously, so that every precaution can be taken in the kitchen to prevent cross-contamination although this cannot be guaranteed. We have taken all reasonable steps to ensure that this table is accurate. We cannot guarantee that any product is "100% free from" any allergen because of the risk of unexpected cross-contamination.

Yes	Yes in the column indicates that the information that has been supplied to us indicates the product is suitable for Vegan/Vegetarian/Lactose intolerants.
No	No in the column indicates that the information that has been supplied to us indicates the product not is suitable for Vegan/Vegetarian/Lactose intolerants.
Free From	Means that the allergen is not part of the product as it is delivered by the supplier.
Contains	Indicates that the product contains that allergen.
May Contain	Means that this allergen is present in the manufacturing site/factory and our suppliers believe there is a risk that this allergen could cross-contaminate food.
Unknown	Is where ingredient detail for the item is currently unavailable from the supplier and will be added on to the table upon obtaining it.
Modifier Allergen Outcome	Some dishes have multiple options available when ordering. The allergen outcomes for each option is listed below the dish. Please bear this in mind when ordering and add the allergen outcome

Category	Name	Custom Product Name	Suitable for Vegan	Suitable for Vegetarian	Suitable for Lactose Intolerants	Contains Gluten	Contains Wheat	Contains Milk	Contains Tree Nuts	Contains Peanuts	Contains Cereals	Contains Celery	Contains Crustacea	Contains Eggs	Contains Fish	Contains Lupin	Contains Mustard	Contains Sesame Seeds	Contains Soybeans	Contains Sulphur Dioxide	Ingredient_Recipe_Id
Starters	Soup of the Day	Soup - Value Mixed Case	No	No	No	Contains	Contains	Contains	Free From	Free From	Contains	Contains	Free From	May Contain	Free From	Free From	May Contain	Free From	May Contain	May Contain	
Starters	Soup of the Day	Homemade Crotons	No	Yes	No	Contains	Contains	Contains	Free From	Free From	Contains	Contains	Free From	Free From	Free From	Free From	Free From	May Contain	Contains	Free From	
Starters	Soup of the Day	Bread Brown Thick Sliced	No	Yes	No	Contains	Contains	Contains	Free From	Free From	Contains	Contains	Free From	Free From	Free From	Free From	Free From	May Contain	Contains	Free From	
Starters	Soup of the Day	Butter Cog Portions	No	Yes	No	Free From	Free From	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Soup of the Day	Parsley Flat Leaf	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Soup of the Day	Total Recipe Allergen Outcome	No	No	No	Contains	Contains	Contains	Free From	Free From	Contains	Contains	Free From	May Contain	Free From	Free From	Free From	May Contain	May Contain	Contains	
Starters	Prawn Cocktail	Prawns King (Defrosted)	No	No	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Prawn Cocktail	Sauce - Prawn Cocktail	No	Yes	Yes	Free From	Contains	Free From	Free From	Free From	Free From	May Contain	Contains	Free From	Free From	May Contain	Contains	Free From	Free From	Free From	
Starters	Prawn Cocktail	Lettuce Iceberg	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Prawn Cocktail	Tomato (Single M)	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Prawn Cocktail	Cucumber	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Prawn Cocktail	Bread Brown Thick Sliced	No	Yes	No	Contains	Contains	Contains	Free From	Free From	Contains	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Prawn Cocktail	Butter Cog Portions	No	Yes	No	Free From	Free From	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Prawn Cocktail	Lemons Small	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Prawn Cocktail	Parsley Flat Leaf	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Prawn Cocktail	Total Recipe Allergen Outcome	No	No	No	Contains	Contains	Contains	Free From	Free From	Contains	Contains	Free From	Free From	Free From	May Contain	Contains	May Contain	Contains	Free From	
Starters	Nachos with Chili	Chilli Con Carne	No	No	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	69
Starters	Nachos with Chili	Tortilla Chips Salted	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	67
Starters	Nachos with Chili	Cheese Grated Cheddar	No	Yes	No	Free From	Free From	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Nachos with Chili	Salsa	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Nachos with Chili	Sour Cream	No	Yes	No	Free From	Free From	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	76
Starters	Nachos with Chili	Guacamole Western	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	706
Starters	Nachos with Chili	Jalapenos Sliced Green	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	3027
Starters	Nachos with Chili	Total Recipe Allergen Outcome	No	No	No	Free From	Free From	Contains	Free From	Free From	Contains	Contains	Free From	Free From	Free From	May Contain	May Contain	Free From	Free From	Free From	
Starters	Combo Platter for 4	Salad Seasonal Mix	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Combo Platter for 4	Sauce BBQ Hots	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Combo Platter for 4	Mayonnaise Light Heinz	No	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Combo Platter for 4	Salsa	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Combo Platter for 4	Parsley Flat Leaf	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	3837
Starters	Combo Platter for 4	Garlic Ciabatta	Yes	Yes	Yes	Contains	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Combo Platter for 4	Tortilla Chips Salted	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	67
Starters	Combo Platter for 4	Reformed Onion Rings	Yes	Yes	Yes	Contains	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	76
Starters	Combo Platter for 4	Potato Wedges	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Combo Platter for 4	Chicken Wings	No	No	No	Contains	Contains	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Combo Platter for 4	Total Recipe Allergen Outcome	No	No	No	Contains	Contains	Contains	Free From	Free From	Contains	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Nachos (v)	Tortilla Chips Salted	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Nachos (v)	Cheese Grated Cheddar	No	Yes	No	Free From	Free From	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Nachos (v)	Sour Cream	No	Yes	No	Free From	Free From	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Nachos (v)	Salsa	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Nachos (v)	Guacamole Western	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Nachos (v)	Jalapenos Sliced Green	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Nachos (v)	Total Recipe Allergen Outcome	No	Yes	No	Free From	Free From	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Nachos (v) Go Large	Tortilla Chips Salted	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Nachos (v) Go Large	Cheese Grated Cheddar	No	Yes	No	Free From	Free From	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Nachos (v) Go Large	Guacamole Western	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Nachos (v) Go Large	Sour Cream	No	Yes	No	Free From	Free From	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Nachos (v) Go Large	Salsa	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Nachos (v) Go Large	Guacamole Western	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Nachos (v) Go Large	Jalapenos Sliced Green	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Nachos (v) Go Large	Total Recipe Allergen Outcome	No	Yes	No	Free From	Free From	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Smoked Haddock	Recipe Haddock Fishcakes	No	No	No	Contains	Contains	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Smoked Haddock	Salad Seasonal Mix	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Smoked Haddock	Sauce - Red Pepper & #38; Chili	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Smoked Haddock	Lemons Small	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Smoked Haddock	Parsley Flat Leaf	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Smoked Haddock	Total Recipe Allergen Outcome	No	No	No	Contains	Contains	Contains	Free From	Free From	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Chicken Liver Pate	Pate - Pink Chicken Liver	No	No	No	May Contain	Contains	May Contain	Free From	May Contain	May Contain	May Contain	May Contain	Contains	May Contain	Free From	May Contain	Free From	May Contain	Free From	
Starters	Chicken Liver Pate	Chutney Caramelised Red Onion	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Chicken Liver Pate	Bread - White Thick Sliced	No	Yes	No	Contains	Contains	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Chicken Liver Pate	Butter Cog Portions	No	Yes	No	Free From	Free From	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Chicken Liver Pate	Hardys Garnish	No	Yes	Yes	Free From	Free From	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Chicken Liver Pate	Total Recipe Allergen Outcome	No	No	No	Contains	Contains	Contains	Free From	May Contain	Contains	May Contain	May Contain	Contains	Free From	Contains	May Contain	Contains	Contains	Contains	
Starters	Garlic Mushroom B	Mushrooms Button	Yes	Yes	Yes	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	69
Starters	Garlic Mushroom B	Garlic Butter	No	Yes	No	Free From	Free From	Contains	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	Free From	
Starters	Garlic Mushroom B																				

