

**Key & Interpreting Data**

We prepare our food in kitchens with products CONTAINING gluten and nuts. Allergy data detailed in the table below has been derived from specifications obtained from the suppliers of our products. Please inform staff of any food allergies prior to placing your order, even if you have eaten the dish previously, so that every precaution can be taken in the kitchen to prevent cross-contamination although this CANNOT be guaranteed. We have taken all reasonable steps to ensure that this table is accurate. We CANNOT guarantee that any product is "100% FREE FROM" any allergen because of the risk of unexpected cross-contamination.

<b>YES</b>	YES in the column indicates that the information that has been supplied to us indicates the product is suitable for Vegan/Vegetarian/Lactose intolerants.
<b>NO</b>	NO in the column indicates that the information that has been supplied to us indicates the product is NOT suitable for Vegan/Vegetarian/Lactose intolerants.
<b>FREE FROM</b>	Means that the allergen is NOT part of the product as it is delivered by the supplier.
<b>CONTAINS</b>	Indicates that the product CONTAINS that allergen.
<b>MAY CONTAIN</b>	Means that this allergen is present in the manufacturing site/factory and our suppliers believe there is a risk that this allergen could cross-contaminate food.
<b>UNKNOWN</b>	Is where ingredient detail for the item is currently unavailable from the supplier and will be added on to the table upon obtaining it.
<b>Modifier Allergen Outcome</b>	Below tables have their own specific systems which change. The order get converted to a decision to show below the table. Please bear this in mind when ordering and

**MAIN MENU**

Sub Menu Name	Category	Name	Content Product Name	Suitable for Vegan	Suitable for Vegetarian	Suitable for Lactose Intolerants	CONTAINS Gluten	CONTAINS Wheat	CONTAINS Milk	CONTAINS Tree Nuts	CONTAINS Peanuts	CONTAINS Celeries	CONTAINS Cabbage	CONTAINS Onions	CONTAINS Fish	CONTAINS Lamb	CONTAINS Mustard	CONTAINS Sesame Seeds	CONTAINS Soybeans	CONTAINS May	
Hardys Christmas Part	Starters	Tomato & Jersey Cream Soup (v)	Bread Brown Thick Sliced	NO	YES	NO	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	MAY CONTAIN	CONTAINS	FREE FROM	
	Starters	Tomato & Jersey Cream Soup (v)	Butter Cog Portions	NO	YES	NO	FREE FROM	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	
	Starters	Tomato & Jersey Cream Soup (v)	Parsley Flat Leaf	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	
	Starters	Tomato & Jersey Cream Soup (v)	Soup Tomato & Jersey Cream	NO	YES	NO	FREE FROM	FREE FROM	CONTAINS	MAY CONTAIN	MAY CONTAIN	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	MAY CONTAIN	CONTAINS	
	Starters	Tomato & Jersey Cream Soup (v)	Homemade Croutons	NO	YES	NO	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	MAY CONTAIN	CONTAINS	
	Starters	Tomato & Jersey Cream Soup (v)	<b>Total Recipe Allergen Outcome</b>	NO	YES	NO	CONTAINS	CONTAINS	CONTAINS	MAY CONTAIN	MAY CONTAIN	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	MAY CONTAIN	CONTAINS	CONTAINS
	Starters	Chicken Forestiere Pate	Chutney Caramelised Red Onion	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	
	Starters	Chicken Forestiere Pate	Bread Brown Thick Sliced	NO	YES	NO	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	MAY CONTAIN	CONTAINS	
	Starters	Chicken Forestiere Pate	Butter Cog Portions	NO	YES	NO	FREE FROM	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	
	Starters	Chicken Forestiere Pate	Salad Seasonal Mix	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	
Hardys Christmas Part	Starters	Chicken Forestiere Pate	Tomatoes Cherry	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Starters	Chicken Forestiere Pate	Onion Red	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Starters	Chicken Forestiere Pate	Bulk Sauce Reduced Fat Dressing	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	CONTAINS		
	Starters	Chicken Forestiere Pate	Pate Chicken Forestiere	NO	NO	NO	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	CONTAINS	MAY CONTAIN	FREE FROM	CONTAINS	FREE FROM	MAY CONTAIN	FREE FROM	MAY CONTAIN		
	Starters	Chicken Forestiere Pate	<b>Total Recipe Allergen Outcome</b>	NO	NO	NO	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	CONTAINS	MAY CONTAIN	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	CONTAINS	CONTAINS	
	Starters	Cranberry & Brie Parcels (v)	Tomatoes Cherry	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Starters	Cranberry & Brie Parcels (v)	Sauce Cranberry	YES	YES	YES	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	UNKNOWN	FREE FROM	FREE FROM	CONTAINS		
	Starters	Cranberry & Brie Parcels (v)	Salad Seasonal Mix	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Starters	Cranberry & Brie Parcels (v)	Bulk Sauce Reduced Fat Dressing	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	CONTAINS		
	Starters	Cranberry & Brie Parcels (v)	Brie & Cranberry Parcels	NO	YES	NO	CONTAINS	CONTAINS	CONTAINS	FREE FROM	MAY CONTAIN	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
Hardys Christmas Part	Starters	Cranberry & Brie Parcels (v)	Onion Red	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Starters	Cranberry & Brie Parcels (v)	<b>Total Recipe Allergen Outcome</b>	NO	YES	NO	CONTAINS	CONTAINS	CONTAINS	FREE FROM	MAY CONTAIN	UNKNOWN	FREE FROM	FREE FROM	CONTAINS	FREE FROM	UNKNOWN	CONTAINS	FREE FROM		
	Starters	King Prawn Cocktail (+)	Prawns King (Defrosted)	NO	NO	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Starters	King Prawn Cocktail (+)	Bulk Sauce Cocktail	NO	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Starters	King Prawn Cocktail (+)	Salad Seasonal Mix	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Starters	King Prawn Cocktail (+)	Bread Brown Thick Sliced	NO	YES	NO	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	MAY CONTAIN	CONTAINS		
	Starters	King Prawn Cocktail (+)	Butter Cog Portions	NO	YES	NO	FREE FROM	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Starters	King Prawn Cocktail (+)	Lemons Small	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Starters	King Prawn Cocktail (+)	Cucumber	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Hardys Christmas Part	Starters	King Prawn Cocktail (+)	Tomatoes Cherry	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	
Starters		King Prawn Cocktail (+)	Parsley Flat Leaf	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
Starters		King Prawn Cocktail (+)	<b>Total Recipe Allergen Outcome</b>	NO	NO	NO	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	CONTAINS	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	MAY CONTAIN	CONTAINS		
Mains		Traditional Turkey	Turkey Breast Saddle - In Gravy	NO	NO	YES	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
Mains		Traditional Turkey	Beef Gravy	NO	NO	YES	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	CONTAINS		
Mains		Traditional Turkey	Pigs in Blankets Raw	NO	NO	YES	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
Mains		Traditional Turkey	Fresh Prep Roast Potatoes	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM			
Mains		Traditional Turkey	Veg Seasonal Box 1 Carrots	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM			
Mains		Traditional Turkey	Veg Seasonal Box 3 White	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM			
Mains		Traditional Turkey	Brussel Sprouts Fully Prepared	YES	YES	YES	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	FREE FROM	MAY CONTAIN	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM			
Hardys Christmas Part	Mains	Traditional Turkey	<b>Total Recipe Allergen Outcome</b>	NO	NO	YES	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	CONTAINS	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	CONTAINS		
	Mains	Beef in chianti	Beef in Chianti	NO	NO	YES	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	CONTAINS		
	Mains	Beef in chianti	Fresh Prep Roast Potatoes	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Mains	Beef in chianti	Veg Seasonal Box 1 Carrots	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Mains	Beef in chianti	Veg Seasonal Box 3 White	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Mains	Beef in chianti	Brussel Sprouts Fully Prepared	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Mains	Beef in chianti	<b>Total Recipe Allergen Outcome</b>	NO	NO	YES	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	CONTAINS	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Mains	Beef in chianti	Fish Salmon Tail Scottish	NO	NO	YES	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	CONTAINS		
	Mains	Salmon Fillet with Chunky Tomato & Dill Buttr	Sauce Tomato & Dill xmas Party	NO	NO	NO	MAY CONTAIN	MAY CONTAIN	CONTAINS	FREE FROM	FREE FROM	CONTAINS	FREE FROM	MAY CONTAIN	FREE FROM	MAY CONTAIN	FREE FROM	MAY CONTAIN			
	Hardys Christmas Part	Mains	Salmon Fillet with Chunky Tomato & Dill Buttr	Fresh Prep Roast Potatoes	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
Mains		Salmon Fillet with Chunky Tomato & Dill Buttr	Veg Seasonal Box 1 Carrots	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM			
Mains		Salmon Fillet with Chunky Tomato & Dill Buttr	Veg Seasonal Box 3 White	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM			
Mains		Salmon Fillet with Chunky Tomato & Dill Buttr	Brussel Sprouts Fully Prepared	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
Mains		Salmon Fillet with Chunky Tomato & Dill Buttr	Veg Seasonal Box 3 White	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
Mains		Salmon Fillet with Chunky Tomato & Dill Buttr	Brussel Sprouts Fully Prepared	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
Mains		Salmon Fillet with Chunky Tomato & Dill Buttr	Lemons Small	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM			
Mains		Salmon Fillet with Chunky Tomato & Dill Buttr	<b>Total Recipe Allergen Outcome</b>	NO	NO	NO	MAY CONTAIN	MAY CONTAIN	CONTAINS	FREE FROM	FREE FROM	CONTAINS	CONTAINS	FREE FROM	MAY CONTAIN	CONTAINS	FREE FROM	MAY CONTAIN	FREE FROM		
Mains		Luxury Nut Roast (v)	Nut Roast Luxury	NO	YES	NO	CONTAINS	CONTAINS	CONTAINS	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	CONTAINS		
Hardys Christmas Part		Mains	Luxury Nut Roast (v)	Fresh Prep Roast Potatoes	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Mains	Luxury Nut Roast (v)	Veg Seasonal Box 1 Carrots	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM			
	Mains	Luxury Nut Roast (v)	Veg Seasonal Box 3 White	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM			
	Mains	Luxury Nut Roast (v)	Brussel Sprouts Fully Prepared	YES	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM		
	Mains	Luxury Nut Roast (v)	Vegetarian Gravy	NO	YES	NO	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM			
	Mains	Luxury Nut Roast (v)	<b>Total Recipe Allergen Outcome</b>	NO	YES	NO	CONTAINS	CONTAINS	CONTAINS	CONTAINS	CONTAINS	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	CONTAINS		
	Desserts	Christmas Pudding	Christmas pudding loaves	YES	YES	YES	CONTAINS	CONTAINS	CONTAINS	FREE FROM	MAY CONTAIN	MAY CONTAIN	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	MAY CONTAIN			
	Desserts	Christmas Pudding	Brandy Sauce	NO	YES	NO	FREE FROM	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM			
	Desserts	Christmas Pudding	Sugar Icing	NO	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	MAY CONTAIN	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM			
	Hardys Christmas Part	Desserts	Christmas Pudding	<b>Total Recipe Allergen Outcome</b>	NO	YES	NO	CONTAINS	CONTAINS	CONTAINS	CONTAINS	MAY CONTAIN	MAY CONTAIN	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	MAY CONTAIN		
Desserts		Profiteroles (v)	Sugar Icing	NO	YES	YES	FREE FROM	FREE FROM	FREE FROM	FREE FROM	MAY CONTAIN	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM			
Desserts		Profiteroles (v)	Profiteroles Plain Cream	NO	YES	NO	CONTAINS	CONTAINS	CONTAINS	FREE FROM	FREE FROM	CONTAINS	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM	FREE FROM			
Desserts		Profiteroles (v)	Sauce - Dessert Chocolate	NO	YES	NO	FREE FROM	FREE													

